

**IF YOU ARE AT HOME SICK  
AND  
NEED A MEETING**

*Pause A While will host a free  
conference call for AA meetings.*

2pm Every Day  
Starting Today

Dial-in number:

(425)436-6360

Access Code

422932#

Please Share this Announcement

We also need host volunteers to chair the phone meetings please

email: [pauldart@pauseawhile.org](mailto:pauldart@pauseawhile.org)