March 27, 2020

CHANGE OF SCHEDULE FOR MEAL DISTRIBUTION

Due to the governor’s extended school closure of our schools, we are adjusting the schedule of meal distribution to just three days each week. We will be distributing on **MONDAY, WEDNESDAY AND FRIDAYS** distributing multiple meals each day. This is the plan will begin on Monday, March 30 and continue for the foreseeable future.

We will provide a bagged lunch along with a bagged breakfast according to the following schedule:

- **Monday:** Monday & Tuesday’s lunch
  Tuesday & Wednesday’s breakfast
- **Wednesday:** Wednesday & Thursday’s lunch
  Thursday & Friday’s breakfast
- **Friday:** Friday, Saturday & Sunday’s lunch,
  Saturday, Sunday & Monday breakfast

Who can participate?

- Anyone 18 years of age or younger who comes to a distribution site will be provided bagged breakfast and lunch. No proof of income, residency or age is required.
- In an effort to ensure program integrity but also provide some leniency for children who may be sick or immunocompromised and should not be going out to the site, we would like you to simply ask the person picking up the meal, how many children are in the family and where they go to school. If the child does not attend school (too young) they are still able to receive a meal for them."

Is it safe?

The food is being prepared in sanitary conditions by our ServSafe certified food service staff, and the bagged meals are being distributed in a grab & go format, three times per week, following social distancing protocols. We are following appropriate hand washing, sanitizing and glove wearing procedures.

If you have any question about this program please contact Director of Business and Operations, Joanne Blier at 863-3251 or joanne.blier@gmrsd.org or Heather Holmes, Food Service Director at heather.holmes@gmrsd.org.

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
<th>Sunday</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>March 30</strong></td>
<td><strong>March 31</strong></td>
<td><strong>April 1</strong></td>
<td><strong>April 2</strong></td>
<td><strong>April 3</strong></td>
<td><strong>April 4</strong></td>
<td><strong>April 5</strong></td>
</tr>
<tr>
<td>Breakfast:</td>
<td>Breakfast:</td>
<td>Breakfast:</td>
<td>Breakfast:</td>
<td>Breakfast:</td>
<td>Breakfast:</td>
<td>Breakfast:</td>
</tr>
<tr>
<td>Distributed</td>
<td>Cereal, Juice</td>
<td>Pastry, cheese</td>
<td>Breakfast</td>
<td>Breakfast Bread</td>
<td>Grab &amp; Go Cereal</td>
<td>Grab &amp; Go Cereal</td>
</tr>
<tr>
<td>on Friday</td>
<td>Juice, Hard-boiled Egg</td>
<td>stick, Fruit</td>
<td>on Friday</td>
<td>Bread, Yogurt, Fruit</td>
<td>Cereal Bags</td>
<td>Cereal bags</td>
</tr>
<tr>
<td>Lunch:</td>
<td>Lunch:</td>
<td>Lunch:</td>
<td>Lunch:</td>
<td>Lunch:</td>
<td>Lunch:</td>
<td>Lunch:</td>
</tr>
<tr>
<td>Chicken</td>
<td>Tuna Salad</td>
<td>Ham &amp; Turkey</td>
<td>Soft</td>
<td>Turkey</td>
<td>Peanut Butter</td>
<td>Peanut Butter</td>
</tr>
<tr>
<td>Sandwich</td>
<td>Sub</td>
<td>Sub</td>
<td>Pretzel</td>
<td>Sandwich</td>
<td>&amp; Jelly</td>
<td>&amp; Jelly</td>
</tr>
<tr>
<td></td>
<td>Sub</td>
<td></td>
<td>Cheese</td>
<td></td>
<td>Sandwich</td>
<td>Sandwich</td>
</tr>
</tbody>
</table>

**Monday:**

- Please notify the server if a person in your party has a food allergy. Gluten free breakfast & lunch options available.

**April 6**

- **Breakfast:** Grab & Go Cereal bags
- Menus are subject to change.

Meals will continue to be available at the same sites and times, as follows:

- **Route 1**
  - o Hillcrest Elementary (student drop off parking lot) 11:20 – 11:50 am
  - o Unity Park parking lot 11:55 am – 12:30 pm
  - o Lake Pleasant Rutter’s Park 12:45 – 1 pm
- **Route 2**
  - o Montague Center Town Common 11:30 – 11:45 am
  - o Millers Falls (Franklin Street - near Carroll) 12 – 12:20 pm
  - o Sheffield Elementary (main parking lot) 12:30 – 1 pm
- **Route 3**
  - o Montague Catholic Social Ministries, Turners Falls 11:20 -11:35 am
  - o Ervingside Park near Fire Station 11:45 am -12:00 pm
  - o Erving Center (Church Street Park near Fire Station) 12:15 – 12:30 pm
  - o Four Winds School Riverside, Gill 12:45 – 1:05 pm
  - o The Brick house, Turners Falls 1:10 – 1:30 pm